

APPENDIX

The Maudsley Attitudes Questionnaire

Please complete the following questionnaire. The information you give will be treated in strict confidence and used only for the purposes of the current research. You do not have to put your name or any means of identifying yourself on the questionnaire.

Please follow the exact order of sections.

SECTION 1

1. Age: _____ Sex: Male
Female

2. Religious beliefs: of parents and respondent

Parents	Agnostic Respondent	Parents	Jewish Respondent
Parents	Atheist Respondent	Parents	Hindu Respondent
Parents	Christian Respondent	Parents	Buddhist Respondent
Parents	Muslim Respondent	_____	

3. Political party supported:

Labour	<input type="checkbox"/>	Conservatives	<input type="checkbox"/>
LibDem	<input type="checkbox"/>	None	<input type="checkbox"/>
Other _____			

4. Total years of education (primary school and onwards): _____

5. Timing of decision to specialise in psychiatry:

Before medical training	During medical training	After medical training
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6. Experience of Psychodynamic Therapy:
- | | |
|--|--------------------------|
| Supervised psychotherapy (MRCPsych) | <input type="checkbox"/> |
| Training analysis | <input type="checkbox"/> |
| In individual analysis / psychotherapy | <input type="checkbox"/> |

7. Number of years post registration: _____

8. Number of Years in Psychiatry: _____

9. Higher Qualifications:

MD / PhD Registered for a higher degree
MRCPsych only None

10. Grade:

SHO SPR Consultant

11. No. of Publications:

Experimental paper _____ Review _____
Case study _____ Other _____

12. Currently engaged in research:

Yes No

If answered "Yes", please specify which area of research you are involved in (choose more than one if appropriate):

Neuroimaging Endocrinology Other _____
Genetics Neurophysiology
Cognitive Epidemiology
Neuropsychology Psychological Therapy
Pharmacology Health-Service

13. Which clinical population you are most involved with in your

practice: _____

research: _____

14. Which kinds of treatment therapies, if any, do you administer (tick more than one if applicable):

None Behavioural
Psychoanalytical Pharmacological
CBT Other (please specify) _____

Please continue with Section 2 overleaf

SECTION 2

Please consider the following statements regarding a variety of approaches to mental illness and evaluate their relevance to four disorders: schizophrenia, major depression, generalized anxiety disorder, antisocial personality disorder (APD), as currently construed. The statements are **not** meant to be mutually exclusive and there are **no** correct answers.

All the questions are to be answered on a 5 point scale from strongly disagree to strongly agree (1 2 3 4 5), where 1 = **strongly disagree**, 2 = **disagree**, 3 = **neutral**, 4 = **agree**, 5 = **strongly agree**. Please circle the appropriate number.

1. The disorder results from brain dysfunction.

	<i>Strongly disagree</i>		<i>Strongly agree</i>		
Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

2. The disorder arises as a consequence of social circumstances or conditions.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

3. The disorder is best approached through the study of abnormal behaviour.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

4. The management of the disorder is best left to the resources of the individual.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

5. The research into the disorder should focus on the identification of causative social factors.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

6. The ideal classification of the disorder would be a pathophysiological one.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

7. The disorder should be treated by challenging and restructuring maladaptive thoughts and beliefs.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

8. Neglecting the spiritual or moral dimension of life leads to the disorder.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

9. The appropriate study of the disorder involves discovery of biological markers and the effects of biological interventions.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

10. Treatment of the disorder should be based on whatever folk treatments and models are accepted as appropriate by the patient and their local community.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

11. Studying the associations between antecedents and consequents in patients' behaviour is the best basis for modification of the disorder.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

12. Mental health professionals have no 'expertise' of the disorder over and above anyone else.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5

Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

13. The disorder can only be understood in the context of local meanings and these meanings cannot be extrapolated to universal classifications.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

14. Social factors such as prejudice, poor housing and unemployment are the main causes of the disorder.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

15. Maladaptive thoughts and beliefs are normally distributed in the population and it is the extreme ends of this distribution that accounts for the disorder.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

16. There is no universal classification of disorder, only culturally relative classifications.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

17. Treatment of the disorder should be directed at underlying biological abnormalities.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

18. The disorder is due to unconscious factors (as defined psychodynamically).

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

19. The behavioural problems in the disorder are best modified by associating new responses to a given stimulus.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

20. The study of the disorder should concentrate on understanding cognitive distortions and reasoning errors.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

21. Adherence to religious or spiritual practice is the most effective way of treating the disorder.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

22. The structure of the disordered psyche and its unconscious mechanisms is best understood by a study of individual cases.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

23. Attempts to scientifically explain the disorder have resulted in no significant knowledge.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

24. The disorder is nothing other than the sum of maladaptive thoughts, belief and behaviours.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

25. Consulting a spiritual authority can give a better understanding of the disorder than psychiatry.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

26. The disorder results from the failure to successfully complete developmental psychic stages.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

27. All classifications and ‘treatments’ of the disorder are myths.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

28. Treatment of the disorder requires resolution of disturbed early object relationships.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

29. Government policies to reduce prejudice, poor housing and unemployment are the way to eradicate the disorder.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

30. The disorder is better understood through religious or spiritual insights.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

31. The disorder results from maladapted associative learning.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

32. The disorder is a culturally determined construction that reflects the interests and ideology of socially dominant groups.

Schizophrenia	1	2	3	4	5
Major Depression	1	2	3	4	5
Generalized Anxiety Disorder	1	2	3	4	5
Antisocial Personality Disorder	1	2	3	4	5

The end of section 2